



CITY OF SAN BRUNO
COMMUNITY SERVICES DEPARTMENT

SAN BRUNO SENIOR CENTER

1555 Crystal Springs Road, San Bruno, CA 94066 -- 650-616-7150



Hours: 8:00am - 4:00pm -- Monday - Friday

<http://www.sanbruno.ca.gov>



July 2010



- July 2nd** FRIDAY - 9:30 MOVIE: "The Proposal" - Sandra Bullock and Ryan Reynolds
- July 2nd** FRIDAY - Independence Day Party - Music & Dancing with the "Swing Shift" Band and a Delicious Barbecue Lunch. 10:30 am- 1:00 pm. Recommended Donation is \$5 in advance and \$6.50 at the door. This Party is sponsored by Greenhills Retirement Center, the Area Agency on Aging, the City of San Bruno and your donations. The Independence Party ALWAYS sells out - get your ticket today!
- July 5th** MONDAY - The Senior Center is CLOSED for Independence Day.
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| July 6th -
July 27th | EVERY TUESDAY DANCE PARTY! 10:00 - NOON with "Have A Party Pros" PLUS - During the month of July, the recommended Lunch Donation for the hot meal on TUESDAYS is \$1.00!! The donation for salads is the usual \$3.50. |
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- July 6th -
August
17th** TUESDAYS - 12:30 - 1:15 LINE DANCING FOR BEGINNERS! Have you been wanting to learn how to line dance but didn't know where to begin? Here it is...one step at a time! This class will get you ready for the California Cowboys August Party! Drop - In \$3 per class for residents/\$3.50 non residents
- July 7th** WEDNESDAY - Wii BOWLING! 10:30 - Noon Open Play for everyone.
- July 8th** THURSDAY - 9:30 - 11:30 GAME TIME!! Drop in if you're interested in playing Scrabble or Dominoes! We'll provide the games. No instruction....just a group of people who like to play the same games.
- July 9th** FRIDAY - 11 am Sing Along - favorite tunes with Diana and Jay.
- July 12th -
August
16th** MONDAYS 8:30 - 9:30 am ARTHRITIS FOUNDATION EXERCISE PROGRAM with Kathy Schmidt, Certified Arthritis Exercise Facilitator. Comprehensive exercise program that improves flexibility, strength and range of motion. Pre-register at the reception desk for the complete 6-week program - (\$18) or drop-in for \$5/class.
- July 14th** WEDNESDAY - EYEGLOSS REPAIR / HEARING AID CLEANING 10:00 - Noon
- July 16th** FRIDAY ZUMBA GOLD FUN WITH KATHY SCHMIDT 10 AM - Special introductory class! The regularly scheduled ZUMBA GOLD class - Monday mornings at 9:45
- July 30th** FRIDAY - 1:30 pm Ping Pong open play for everyone! 
- July 13th** SECOND TUESDAY - Blood Pressure/Glucose Screening 9:30 - 11:00
- July 14th &
July 16th** WEDNESDAY & FRIDAY - AARP-SPONSORED DRIVER SAFETY CLASS \$12 AARP Members or \$14 for Non-AARP Members. Pre-register at the front desk.
- July 21st** WEDNESDAY - Wii BOWLING! 10:30 - Noon Open Play for everyone.
- July 23rd** FRIDAY - 1:30 pm Ping Pong open play for everyone! 
- July 30th** LAST FRIDAY - Blood Pressure/Glucose Screening 9:30 - 11:00



COMING IN AUGUST 2010

August 6th HAPPY HOUR *August 17th - 19th SPORTS WEEK*August 20th California Cowboys Party

WANTED: EXPERIENCED BRIDGE PLAYERS! Call the Senior Center and leave your name and contact number if you would like to play Bridge at the Senior Center on Monday afternoons.

LEARN TO TAP DANCE!! WATCH FOR THE NEW TAP DANCE SCHEDULE IN AUGUST